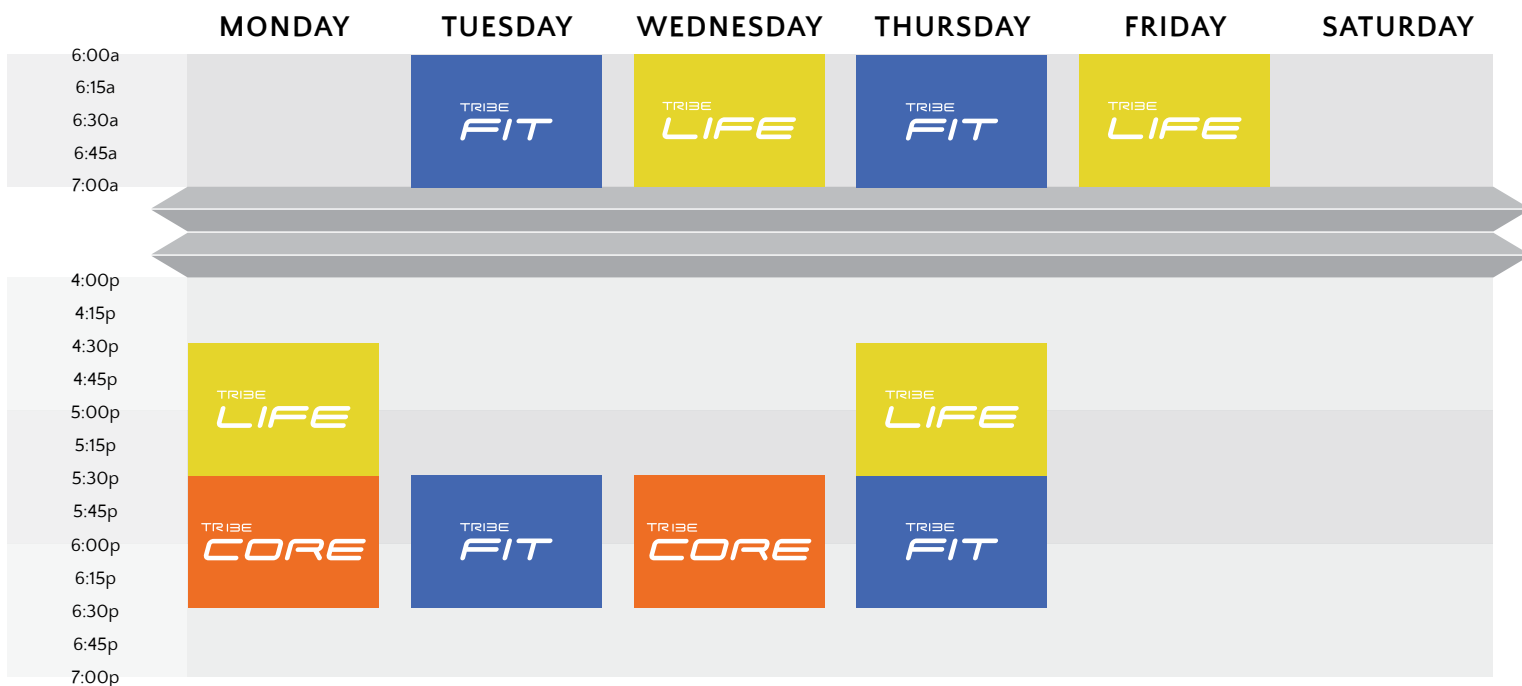




# TRIBE

TEAM TRAINING

**Season 3: May 1st through June 9th. Sign up starts Friday, April 1st.**  
*FREE Trial Week: April 24th through April 28th! Sign up for at the front desk or by phone.*



**Are you ready to take command of your life?**

*Team training is an intelligent workout dynamically designed to keep your body guessing and growing season after season. Due to Tribe grouping methods, it would be wise to secure your spot today!*

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